



# SPIRIT DAY '17



A special lunch will be served: pizza, chips, juice and a treat!!!  
(There will be NO regular cafeteria service that day!)

## FRIDAY, OCTOBER 27<sup>TH</sup> STA CAFETERIA

Dress Down and Enjoy the Fun! (no costumes please)  
Just \$4.50 for the special Spirit Day luncheon

The Gluten Free lunch option includes: GF pizza, juice or water, GF chips and GF, DF, nut free cupcakes (the cupcakes will be provided by Nature's Grocer in Vernon)

**Please return this completed form to homeroom teachers NO LATER THAN OCT. 20<sup>th</sup> ONLY if (1) your child/children will be bringing his/her own lunch (and not eating the special lunch) OR (2) if your child/children would like the GF lunch option.**

(If we do not receive your completed form, your child **will** automatically be included in the special lunch. Your charge will be \$4.50/child.)

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\_\_\_\_\_ My child/children will be bringing a lunch from home that day

\_\_\_\_\_ My child/children would like the Gluten Free lunch option

Name of child: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Name of child: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Name of child: \_\_\_\_\_ Homeroom: \_\_\_\_\_



**STA**  
**SPIRIT DAY '17**  
**VOLUNTEER SIGN UP FORM**

A special lunch will be served: pizza, chips, juice and a treat!!!  
(There will be NO regular cafeteria service that day!)

**FRIDAY, OCTOBER 27th**  
**STA Cafeteria**

\*\*\*Parent Volunteers are needed for Set up, Serving and Clean Up\*\*\*  
All students are invited to Dress Down and Enjoy the Fun!  
(No costumes please)

**If you would like to volunteer, please return this completed form to  
homeroom teachers by Oct. 20th**

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Yes, I want volunteer for Spirit Day. Please sign me up for the following shifts:

- Decorating/Set up (8:30-11:00)
- Serving (10:45-12:30)
- Clean up (12:30-2:00)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

\*\*\* You must be Virtus trained to volunteer